

HEMPSTEAD
HOUSE HOTEL

OPENING
HOURS

12:30 PM
2:30 PM

LUNCH MENU

SALADS
&
WRAPS

12:30 PM
5:00 PM

LIGHT BITES

SALT & PEPPER SQUID	£9.00
saffron aioli (DF)	
BAO BUNS	£9.00
Pork Shoulder, spring onion, red chilli and sesame seeds (DF)	
CLUB SANDWICH	£11.00
roast chicken, crispy bacon, lettuce, tomato, fried egg, paprika mayonnaise (DF)	
TORTILLA WRAPS	£9.00
Grilled Halloumi with Greek Yoghurt, Lettuce, Tomato, Cucumber & Red Onion (V)	
Chicken, Bacon, Tomato, Lettuce & chipotle Mayonnaise (DF)	
Smoked Salmon, Cream Cheese, Cucumber & Rocket	

SALADS

POKE BOWL	£14.50
quinoa, young carrots, edamame beans, smoked almonds, soy, lime, ginger (GF,DF,VG,V)	
ROASTED DUCK	£13.50
mixed leaves, rocket, carrot and cucumber, red chilli, spring onion, hoisin sauce, sesame seeds (DF)	
GOAT'S CHEESE	£13.50
goat's cheese mousse, beetroot hummus, pickled baby beetroot, pine nut pangrattato and pea shoots (GF adapted,V)	



MAIN COURSE

PAN FRIED 8OZ FILLET STEAK	£30.00
cherry vine tomatoes, field mushrooms, chunky chips and green peppercorn sauce (may contain gluten)	
FILLET OF SEA BREAM	£22.50
wild garlic risotto, parmesan crisp (GF) can be made dairy free	
CONFIT DUCK LEG	£24.50
bean cassoulet, cavolo nero and onion jam (DF), (GF)	
HEMPSTEAD BEEF BURGER	£18.50
brioche bun, chunky chips, baby gem lettuce, sliced gherkins, tomato, mature cheddar cheese, balsamic red onion marmalade	
CURRY OF THE DAY	£18.50
served with jasmine rice (please let us know if you have any dietary requirements)	
HARISSA BAKED AUBERGINE	£19.50
tahini dressing, couscous, pickled shallots (GF,DF, V, VG)	

SIDES

HALLOUMI FRIES (V)	ASPARAGUS (DF,V,VG)	ZUCHINNI FRIES (V)	CHUNKY TRIPLE COOKED CHIPS
£5.95	£5.25	£4.95	£4.95

STARTERS

SOUP OF THE DAY	£7.95
cheese scone Please ask for dietaries	
BURRATA	£10.00
heirloom tomatoes, basil pesto (GF,V)	
AVOCADO AND PRAWN COCKTAIL	£8.95
iceberg lettuce, lime, smoked paprika (DF,GF)	
PEA AND MASCARPONE ARANCINI	£10.50
(can be adapted for a vegetarian diet) quails' egg, pea puree, crispy pancetta, micro herb salad	
GREEN ASPARAGUS	£10.50
poached egg, Hollandaise sauce, toasted almonds (GF, DF)	

DESSERTS

STRAWBERRY AND CREAM CHEESECAKE	£9.00
Chantilly cream, poached strawberry compote (V)	
ELDERFLOWER GIN JELLY	£9.00
lemon sorbet and mixed summer fruit (DF, GF)	
MELTED MARSHMALLOWS CHOCOLATE BROWNIE	£9.00
vanilla pod ice cream	
ICE CREAM & SORBETS	£7.95
CHEESE AND BISCUITS	£12.95

Please inform your server of any allergens or dietary requirements.